



Chemical Peel - FAQs

How do I know which chemical peel treatment is right for me?

Your skin care professional will be trained on each of the PCA Professional™ Products. This training will allow them to not only choose a treatment designed for your skin type, but customize a treatment, addressing your personal skin care needs.

How much discomfort should be expected when having a peel?

The level of discomfort experienced depends on the treatment. Most PCA Professional™ chemical peels are gentle and create little or no burning or stinging sensation in the skin. Dramatic wrinkling, sun damage or acne scars may require a deeper peel, which may cause moderate stinging for a few minutes. More dramatic results can be expected from a deeper peel, however deep peels are not necessary for most skin types and conditions. PCA's philosophy of taking a low-dose approach means our superficial chemical peels create minimal discomfort and produce beautiful and immediate results for most patients.

Should people who are frequently in the sun receive peels?

Yes, but only if they are compliant with using sunscreen protection every day. Sunbathing should be avoided directly following a treatment and while the skin is peeling. If you are getting peels to lighten the skin, it is imperative to use the appropriate corrective serum (with HQ or HQ Free) followed by a physical sunscreen and avoid unnecessary sun exposure to reduce any chance of further hyperpigmentation.

Which peels may be used on someone who exercises frequently?

Someone who is active may have any peel, but all peel patients must wait 48 hours after a treatment to exercise. If this is not an option, the Non-Burning Facial Peel or Intensive Vitamin C Treatment are alternate choices. These treatments use our Ultra Peel® II Exfoliating Treatment which is an acid-free retinol cream. Its delayed flaking action will not cause irritation or downtime, and leaves the skin glowing and hydrated.

Will a chemical peel make thin skin even thinner?

Dry skin is partially the result of dead cell buildup, which actually hinders natural exfoliation as well as the absorption and penetration of vitamins and nutrients. Having a PCA Professional™ chemical peel will remove surface buildup, hydrate the skin and give it a plumper, "thicker" appearance. The use of topical vitamin C and peptide products in a treatment, as well as in your daily care regimen will help build collagen in the skin, thus making it stronger and more durable.