



Preparation for a Peel Treatment

You will be having a light light peel treatment on the day of your appointment. Please follow the outline below to prepare.

A consultation is recommended before your initial chemical peel.

It is recommended that you take the following into consideration:

- Avoid Tweezing Eyebrows at least 5 days prior to treatment. Avoid waxing for 7 days post treatment.
- If you are lactating, pregnant or may be pregnant, only an Oxygenating Trio or Detox Gel deep pore treatment is appropriate. Consult your OB/GYN before receiving any treatment.
- Do not go to a tanning bed two weeks prior to treatment (this practice should be discontinued due to the increased risk of skin cancer and signs of aging).
- It is recommended that extended sun exposure be avoided, especially in the 10 days prior to treatment.
- It is recommended to delay use of tretinoin, Retin-A®, Differin®, Renova®, Tazorac®, Avage® EpiDuo™ or Ziana® five days post-procedure. Consult your physician before temporarily discontinuing use of any prescription medications.

PCA SKIN superficial peels result in little to no downtime but create dramatic and visible results. Treatments may cause slight redness, tightness, peeling, flaking or temporary dryness. Most patients find it unnecessary to apply makeup, as the skin will be smooth, dewy and radiant following your treatment, If you would like to apply makeup, allow approximately 15 minutes for the pH of the skin to stabilize before applying foundation.